

Ralston Volunteer Fire Department and Rescue Squad, Inc.

Application for Volunteer Status

\_\_\_\_ Firefighter/EMT OR \_\_\_\_ EMS Only (please check one) How did you hear about us? \_\_\_\_\_

The RVFD is an organization dedicated to a policy of non-discrimination on any basis included race, color, age, sex, religion, disability, marital status or national origin. You may request any needed accommodation to participate in the application process.

(PLEASE TYPE OR PRINT ALL INFORMATION)

Date: \_\_\_\_\_

I, the undersigned individual, submit this application for consideration by the Ralston Volunteer Fire Department and Rescue Squad, Inc. In order to assist in this process, I freely furnish the information requested. I understand that I must participate in the screening procedures required of this process.

If selected to be on Ralston Fire you MUST be able to commit to 40 hrs a month or respond to 10% of the calls for the month. You will also be required to do 6 crew shifts a month. Shifts available to sign up are 8am to 12noon, 12 noon to 4pm, 8pm to 12 midnight, midnight to 4am & 4am to 8am. Tuesday nights starting at 6pm are required as well for trainings and meetings. If you can fulfill these requirements proceed to the application below. BE SURE TO ATTACH YOUR NE DRIVERS LICENSE AND HIGH SCHOOL DIPLOMA OR GED.

Name: \_\_\_\_\_ (First) (Middle) (Last)
Address: \_\_\_\_\_ (Street) (Apt.#) (City) (State) (Zip)
Phone: \_\_\_\_\_ (Home) (Work) (Cell Phone) (Other)
E-mail Address: \_\_\_\_\_
Social Security #: \_\_\_\_\_ NE Drivers License # \_\_\_\_\_
\*\*Submit a Copy with Application\*\*
\*\*Application will be void if drivers license is not attached\*\*

List other names that you go by: \_\_\_\_\_

Are you over 18 years of age? ..... Yes No

Are you legally eligible for employment in this country?..... Yes No

Have you ever been convicted of a Felony/Misdemeanor? ..... Yes No

List all arrests \_\_\_\_\_

Have you ever been convicted of Driving under the influence or Reckless Driving? ..... Yes No

List all traffic offenses \_\_\_\_\_

Please list all previous addresses in the last 3 years, most recent first:

ADDRESS CITY, STATE YEARS

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**EDUCATIONAL BACKGROUND: MUST SUBMIT A COPY OF HIGH SCHOOL DIPLOMA OR GED**

Name of High School and Location: \_\_\_\_\_

Name of College and Location: \_\_\_\_\_

Please list any other Professional Degrees or Certifications: \_\_\_\_\_

Please list any other school(s) and their location(s): \_\_\_\_\_

**FIRE/ EMS EXPERIENCE:**

Have you ever applied to be a member of RVFD before?.....  Yes  No

If yes, please list date: \_\_\_\_\_

Do you have any friends or relatives associated with RVFD?.....  Yes  No

If yes, please list name and relationship: \_\_\_\_\_

Have you ever been a member with any other Fire/EMS Department?.....  Yes  No

If yes, please identify the department, number of years served and a contact name and number: \_\_\_\_\_

Do you have experience in the field of Emergency Medical Services?.....  Yes  No

Please indicate any additional Fire and Emergency Medical Experience: \_\_\_\_\_

Are you currently CPR certified?.....  Yes  No

Are you currently EMT-B or EMT-P certified?.....  Yes  No

If yes, please circle level, indicate the state, and certification number: \_\_\_\_\_

Have you taken and successfully completed the Firefighter I course?.....  Yes  No

If yes, please indicate date completed and location of course: \_\_\_\_\_

Please indicate additional Fire and/or EMS training courses taken: \_\_\_\_\_

Please briefly describe why you would like to become a Volunteer with RVFD.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**EMPLOYMENT HISTORY:**

**Starting with your recent employer, provide the following information:**

Employer: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone # \_\_\_\_\_  
Dates Employed: \_\_\_\_\_  
Starting job title/ Final job title: \_\_\_\_\_  
Supervisor's Name and Title: \_\_\_\_\_  
Description of Duties: \_\_\_\_\_  
Reason for leaving: \_\_\_\_\_  
May we contact this employer:                    YES                    NO

Employer: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone # \_\_\_\_\_  
Dates Employed: \_\_\_\_\_  
Starting job title/ Final job title: \_\_\_\_\_  
Supervisor's Name and Title: \_\_\_\_\_  
Description of Duties: \_\_\_\_\_  
Reason for leaving: \_\_\_\_\_  
May we contact this employer:                    YES                    NO

Employer: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone # \_\_\_\_\_  
Dates Employed: \_\_\_\_\_  
Starting job title/ Final job title: \_\_\_\_\_  
Supervisor's Name and Title: \_\_\_\_\_  
Description of Duties: \_\_\_\_\_  
Reason for leaving: \_\_\_\_\_  
May we contact this employer:                    YES                    NO

Employer: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone # \_\_\_\_\_  
Dates Employed: \_\_\_\_\_  
Starting job title/ Final job title: \_\_\_\_\_  
Supervisor's Name and Title: \_\_\_\_\_  
Description of Duties: \_\_\_\_\_  
Reason for leaving: \_\_\_\_\_  
May we contact this employer:                    YES                    NO

**REFERENCES:**

Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Years known: \_\_\_\_\_

Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Years known: \_\_\_\_\_

Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Years known: \_\_\_\_\_

List any additional information you would like us to consider:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I certify that the information contained in this application is correct to the best of my knowledge and understand that falsification of this information is grounds for refusal to be selected as a Volunteer, or if accepted, dismissal. I further grant permission to allow RVFD to use this information to gather any additional information that is needed to complete my application and be allowed for consideration, to include but not limited to, a background check by local Law Enforcement.**

**I understand that if I should be accepted as a member of the Ralston Volunteer Fire Department, I will uphold the constitution and by-laws of this department. I will also agree to participate fully in all activities associated with the Fire Department.**

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date



**RALSTON VOLUNTEER FIRE DEPARTMENT  
AND RESCUE SQUAD, INC.**

7629 Park Drive • Ralston, Nebraska 68127  
office (402) 331-5369 • fax (402) 331-5426  
[www.ralstonfire.com](http://www.ralstonfire.com)

---

**Waiver and Release**

The undersigned having voluntarily applied for membership in the Ralston Volunteer Fire Department and being advised to the necessity of quality for membership by performing certain physical endurance's and agility tests, does hereby waive and, release the Ralston Volunteer Fire Department, and the City of Ralston from any claims for injuries sustained while in the performance of such physical tests.

Further, the undersigned acknowledges that by making such application for membership he or she does not become eligible for any benefits under Workmen's Compensation as a result of physical injuries sustained.

The Undersigned acknowledges that he of she has read this waiver and release and that he or she has freely consented to undergo such tests of physical ability without any coercion or inducements of any kind.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Print Name



**RALSTON VOLUNTEER FIRE DEPARTMENT  
AND RESCUE SQUAD, INC.**

7629 Park Drive • Ralston, Nebraska 68127  
office (402) 331-5369 • fax (402) 331-5426  
[www.ralstonfire.com](http://www.ralstonfire.com)

---

**Authorization for Release of Information**

Please accept this signed authorization from me for the Ralston Volunteer Fire Department or their agent to obtain all information pertaining to any records in your files involving myself, including police reports, accident reports, etc...

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Print Name



***RALSTON VOLUNTEER FIRE DEPARTMENT  
AND RESCUE SQUAD, INC.***

7629 Park Drive • Ralston, Nebraska 68127  
office (402) 331-5369 • fax (402) 331-5426  
[www.ralstonfire.com](http://www.ralstonfire.com)

**Authorization for Release of Medical Records**

Please accept this signed authorization from me for the Ralston Volunteer Fire Department or their agent to obtain any and all information pertaining to my medical records held by you, including medical reports, x-rays, etc...

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Print Name

## **Ralston EMS Only Physical Agility Test**

Scoring of the physical agility test will be pass/fail. Candidates must complete the agility test in 12 minutes.

### **Stair Climb-**

While carrying the airway bag and monitor the candidate will successfully ascend and descend all three flights of stairs. Candidates will move up and down the stairs as safely as possible. **EVERY STEP MUST BE TOUCHED, NO SKIPPING STEPS.** When completed the candidate will set the airway bag and monitor safely on the ground and proceed to the next station.

### **Patient (with the help of an assistant)-**

A “patient” will be already secured on the cot in the squad

The candidate will take the cot out of the squad (at the foot of the cot), switch to the head position, and proceed to the elevator (will need to break down the head of the cot).

Take the elevator upstairs (unbreak the head of the cot) and proceed to the stair chair.

Switch to the foot of the cot and lower. Unstrap the patient and the patient will then move to the stair chair. Secure all three straps on the stair chair. Descend all three flights of stairs while being at the head of the stair chair (assistant will be at the feet). At the bottom of the stairs the candidate will move to the feet (assistant will be at the head) and ascend all three flights of stairs.

Unstrap the patient and the patient will then move to the cot. Secure all three straps on the cot. While at the foot of the cot the candidate will raise the cot. The candidate will then switch to the head position and proceed to the elevator (will need to break down the head of the cot). Take the elevator downstairs (unbreak the head of the cot) and proceed to the squad. Switch to the foot of the cot and successfully lock the cot back in the squad.



## **Ralston Fire Physical Agility Test**

Abbreviated job description for the Ralston Fire Department.

You need to be aware that there are possible risks involved with fire fighting and rescue operations, such as injuries from smoke, heat, exposure to hazardous materials, exposure to all types of diseases. These risks are minimized as much as possible through your training, however risks still exist.

Candidates must pass every skill in the physical test to move on in the process. Failure of any skill within the physical agility test will result in the candidate being removed from the process and he or she will not move on. Candidates will be given a chance to walk through the time portion of the timed skill of this agility test one time before their test date.

Scoring of the physical agility test will be pass / fail basis. The five skills will be timed to score your overall time. Candidates must complete the timed portion of the agility test within 6 minutes to receive a score of Pass.

Candidates will be provided with gloves, helmet, coat and air pack which **MUST** be worn during the entire physical agility.

### **Stair Climb**

Candidates will successfully ascend and descend all four flights of stairs. Candidates will move up and down the steps as safely as possible. **EVERY STEP MUST BE TOUCHED, NO SKIPPING STEPS.**

### **Ladder Raise Simulation**

Candidates will grasp the rope on a 35-foot ladder, with a hand over hand motion, the candidate must raise the ladder until it is fully extended, and the dogs (pawls) lock in place and the candidate is given the "high enough" signal. Then the candidate must lower the ladder back down to its original position without letting the rope slip through their hands. Failure to do this skill correctly will result in the candidate performing this skill over from the start.

### **Ventilation Simulator**

Candidates will drive a weighted 100-pound metal block approximately five feet using the mallet provided. The skill is completed when the block is moved beyond the five-foot line.

### **Charged Hose Drag**

Drag charged 1 3/4" hose line 85 feet.

### **Victim Rescue**

Candidates will grasp a 165-pound victim (rescue mannequin) under the arm or use straps provided, then drag the victim 85 feet. The skill is completed when the candidate and all parts of the victim cross the 85-foot line.